

Vera Center on Victimization + Safety

## Interviewing Victims with Disabilities: Identifying Gaps and Best Practices

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**Our Mission:** 

The NCAC models, promotes, and delivers excellence in child abuse response and prevention through service, education, and leadership.



#### Setting the Stage: Barriers to Safe and Accessible Interviews for Victims with Disabilities



## People with Disabilities at Increased Risk for Victimization

- People with disabilities are 3X more likely to experience violent victimization, including sexual assault.
- People with intellectual disabilities are up to 12x more likely to experience sexual victimization.



### Victimization is Underreported

- Only 37.3% said they had reported it to the authorities.
- About 58% believed that nothing would happen if they reported; 38% had been threatened or were afraid; 33% did not know how or where to report.
- When victims with disabilities did report incidents of abuse to authorities, in 52.9% of cases nothing happened. Alleged perpetrators were arrested in only 9.8% of cases where abuse was reported to authorities.

Baladerian, N., Coleman, T. & Stream, J. (2013). A Report on the 2012 National Survey on Abuse of People with Disabilities. Spectrum Institute's Disability and Abuse Project, CA.



## Misconceptions about people with disabilities can lead to victimization

- Societal norms of how people with disabilities should be controlled and protected, as well as stripped of power, creates an environment ripe for violence, abuse, and neglect.
- People in positions of power can take advantage of that power to harm people with disabilities.
- A person with a disability is often placed in situations where others may have power or control over them.



## Misconceptions (2)

- People with disabilities may experience a variety of power dynamics that can contribute to their victimization, including:
  - Age (someone older or younger taking advantage of their age);
  - Use of Institutional Power/Position (someone using a position of power);
  - ➤Guardianship (a guardian using their power);
  - Privilege (using other types of privilege [race, gender, sexuality, etc.] as power).



### Barriers to reporting

- Victims with disabilities are traditionally more isolated than victims without disabilities, may have fewer avenues for disclosures.
- Victims with disabilities may face communication barriers.
  - Victims with disabilities may not communicate in the way that professionals expect or easily understand.
- Victims with disabilities may have experienced disbelief from authorities in the past, making them hesitate to report.



## Barriers to reporting (2)

- Victims with disabilities are usually denied education about healthy sexuality and healthy relationships before and after victimization occurs.
  - They may not know the behavior they are experiencing is "wrong" or how to respond to it.
- Belief that people with disabilities are not victimized.
- Belief that people with disabilities are not good reporters of what happened to them.



#### Barriers: chat

• What barriers have you seen for victims with disabilities in reporting their victimization?



# Gaps in Interviewing Victims with Disabilities



# Gap #1: Protocols not designed for adults

 Current protocols for interviewing adult victims with disabilities are modeled off of protocols for children with disabilities

Default reliance on child advocacy centers

- Equates adults with disabilities to children when, in reality, adults have different needs than children
- Assumes vulnerability and infantilizes adults



# Gap #2: No protocol used for various types of interviews

- There are different types of interviews, including:
  - ➤Minimal facts
  - First responder contact
  - ➢Forensic interview
- Interviews are conducted by various players in the system, at various points in the system and are not consistent for people with disabilities



# Gap #3: Pre-interview stage is not designed for adults with disabilities

- Fact gathering is not designed to elicit information from the victim when a person has a disability
- Over-reliance on third party information which can compromise confidentiality



## Gap #4: Ongoing supports not equipped to work with victims with disabilities

- Agencies providing ongoing supports to victims are not equipped to support adults with disabilities
  - May refer to CACs, who are equipped to connect children and their families to resources, but not necessarily adults
- Victim services are working with prosecutors they need context on victims with disabilities



## Gap #5: Limited on-going therapeutic opportunities for adults with disabilities

- Group therapy is not always accessible to people with disabilities
- Individual therapists are not trained to work with people with disabilities



### Gaps: chat

What gaps have you seen when interviewing victims with disabilities?



#### **Recommendations for Interviewers**





### **Best practices**

- Still being established protocol for adults with disabilities
- Interviewers should specialize in adults with disabilities (*not* default to child interviewers)
- Varies by jurisdiction
  - >Neutral, comfortable, safe setting for reporting
  - Decision of reporting made by adult, but supported
  - Electronic/video recording of statement



## Best practices (2)

Appropriately trained interviewer

- Knowledge in disabilities
- Open ended narrative question types
- Non-leading or suggestive
- Done in a way that the victim communicates
- ➤Trauma informed
- Referrals for necessary services/supports for victim during the process
- ➢Policies in place to serve people with disabilities



# Rethink How We View Disclosure

 Historically viewed as static, single-time occurrence and a one-way process.





#### Address Sources of Reluctance/ Roadblocks

- Family/caregiver dynamics
  - Socially isolated
  - Support system more controlling or may be torn apart
  - Rigid traditional family values and stigma
- May process stress/trauma differently
- Trauma can create
  communication challenges
- Barriers to access



### Interview settings for adults: chat

• Where in your community are adult victims with disabilities being interviewed?



## Interview settings for adults (1)

- Fully accessible
- Not specific for children
- Room is set-up for adults
  - No child like paraphernalia, has adult chairs
- Neutral
  - ≻Non-threatening
  - Friendly or comfortable



### Interview settings for adults (2)

- Audio and visual recording capabilities
- Appropriately trained interviewer for adults
- Medical services available seamless process
- Ideally some mental health / family support available



## Interview setting for children

Children's Advocacy Center

➤Fully accessible

Friendly, comforting, familiar, inviting

➢Neutral

- Not a place offenders are served
- ≻Semi-private
- Audio visual recording capabilities
- Appropriately trained interviewer
- Family support as well as mental health support
- Medical services



## Asking questions

- Recall-based questions
  - ➤Narrative invitation
  - Focused narrative request
  - >Detail question (who, what, where, when, how)
- Recognition-based questions
  - Multiple choice question
  - ≻Yes/no question
  - Questions that introduce information
- People with disabilities may respond more accurately to recall based questions.



## Asking questions (2)

**Recall information** 

- Victim's information
- In victim's words
- Less influenced/contaminated by interviewer
- The "story" of what happened

Recognition

- May feel they need to answer
- Risk of contamination false positives
- May answer question they did not understand



### Questions – examples

- Recall
  - "What happened?"
  - "Tell me more."
  - "What happened next?"

- Recognition
  - "Did the fight happen in the bedroom, den, or somewhere else?"
  - "Did he do it on purpose or was it an accident?"



#### **Questions: chat**

• What other types of questions have you seen be effective for victims with disabilities?



### Create adult appropriate protocols

- Long term goal: develop protocols for adults with disabilities that are modeled off of best practices for interviewing adults
  - Create adult protocols
  - Adapt adult protocols to make them accessible to people with disabilities



#### Questions?

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#### Vera Center on Victimization + Safety



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